

My first visit with Dr. Vliet was August 4th 2011. I was at my absolute rock bottom! I had suffered with extreme depression, anxiety, and panic attacks. Beginning at age 18, I had been treated for these conditions. Over the years, I was prescribed 22 different antidepressants, anti-anxiety, and psychotropic medications, none of which worked.

After searching for answers everywhere, I found the herplace.com website, and began treatment for PCOS. Dr. Vliet was the first person that I had talked to that actually treated the cause rather than just the symptoms. Within just one year of treatment from Dr. Vliet, I have lost close to 40lbs, I am completely off antidepressant and anti-anxiety medications, and I no longer suffer from severe depression or panic attacks.

The treatment plan for me began working within the first few months. I started to feel less depressed and anxious. After five months, I felt like a completely changed woman. It is a journey that I am continuing on, and know that if I hadn't found Dr. Vliet, I would still be searching for answers. I thank God every day for revealing my hope and giving me this new life.

- Jenn, from Texas"