

42 year old mother of 3 children, from Montana whose hormone struggles began at the age of 40 with puzzling and debilitating pain symptoms that got progressively worse and drastically interfered with her ability to function. She had seen many doctors in a variety of specialties before coming to Tucson for her evaluation with me. She is a devout Christian, and said she pleaded with God to help her find help for relief of her bladder and muscle pain so she could get her life back to be able to be a mother to her children. At her appointment December 12, 2012, she said she is so pleased with progress she has made since her first consult and being on hormone therapy for past 7 months.

She said "I just keep getting better week by week. My energy level is coming up, my bladder pain is decreasing and it doesn't consume me all day every day and keep me awake at night the way it was doing when I first saw you. The food and chemical sensitivities are diminishing. my food tolerance has improved and getting better slowly – I feel like I am getting slowly better with the food sensitivity. I can eat more things I was allergic to previously – potatoes, peanut butter, sweet potatoes. I am doing better tolerating wheat now too. One of the greatest improvements is that I am able to think so much better now. I feel like I have come out of a brain injury because of all the holes in my memory – but that's coming back – I can think more clearly and recall is getting better. I have less muscle pain, and I am able to jot a little now and exercise more regularly – usually now 3 times a week with the muscle pain I was having before. I feel like I am gaining some strength back. The chemical sensitivity has diminished, and I can tolerate more things now. I feel like I am getting my life back – I am not 100% back yet, but I am so much better than I was. I thank god I found your books and found my way to your office for help. think things are going very well, except for my low libido, so I wondered about adding testosterone now that I am doing better in so many other ways."

- Mother of 3, 42 Years Old