

“My anxiety is gone, I sleep well, I don’t have any hot flashes or night sweats. I do feel good on this combination, and I like the daily regimen with the estrogen and progestin in the one pill of Activella since it is so convenient. I think it has been good for my bones to have started the estrogen at 39 because I was already starting to lose bone then, and I think I would have lost a lot more by now if I had not started working with you on the hormones. I think I am doing a lot better than other women my age!”

- SW from Maryland, age 52