

A Guide to Home-Based COVID-19 Treatment

Step-By-Step Doctors' Plan That Could Save Your Life

My COVID Test is POSITIVE. What early treatment is possible?

STEP 1. Read the COVID PATIENT GUIDE, available free here: www.CovidPatientGuide.com

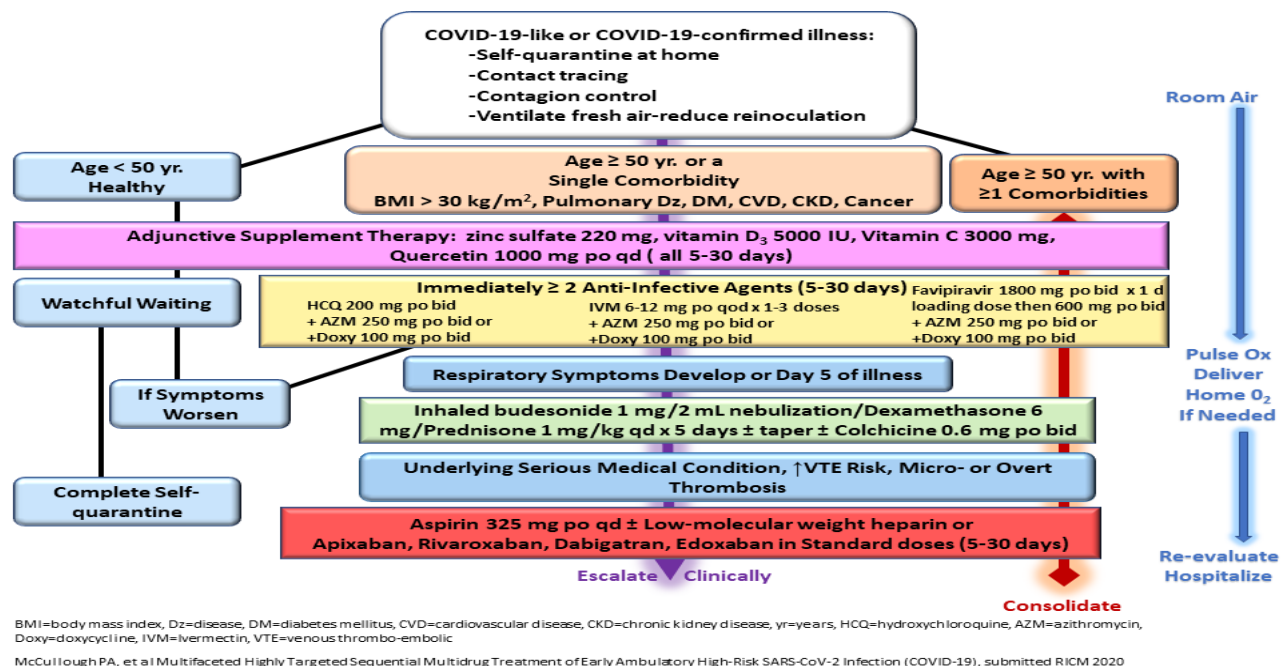
This booklet has been written by a team of physicians treating COVID patients with the latest information on prescription medications already available at your local pharmacy at low cost that your physician can use to help get treatment started quickly *at home* to reduce risk of hospitalization and death.

STEP 2. Know the **three major stages of COVID-19** illness that need *different* medications:

- **Viral Replication** (virus multiplies using your body cells' machinery).
- **Exaggerated Inflammation Response** (causes cough and trouble breathing)
- **Exaggerated Formation of Blood Clots** in lungs and other organs

See AAPS Guide to Home Based COVID Treatment www.CovidPatientGuide.com for more information

STEP 3. Review the common Rx medicines used at each stage of illness in this Algorithm:



STEP 4. Call your primary care physician, request urgent TeleHealth for COVID treatment.

Quarantine at home and if your doctor does not treat COVID, immediately contact a TeleMedicine resource in the AAPS Guide to Home Based COVID Treatment www.CovidPatientGuide.com

STEP 5. Take steps to keep your body as healthy as possible.

Get fresh air and sunshine, open windows at home to reduce re-circulating the virus, follow the recommendations in guide for zinc, vitamin D, vitamin C, quercetin, healthy foods, and outdoor exercise.